Pre-Gay L.A., new book by C. Todd White,
A History of the Movement for Homosexual Rights

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There is a new book giving the history of the early civil rights movement of homosexual Americans, concerned with ONE, the first major organization and publication: Pre-Gay L.A., by C. Todd White, published by the University of Illinois Press. (See also: tangentgroup.org)

Serious people interested in knowing the history of this civil rights movement have heard of only one organization in that effort, Mattachine. And if they are liberal, “pc” people they may know that there was a female group, to balance the “credit,” the DOB, Daughters of Bilitis. What few people seem to know, and that includes many “gay” historians, is that there were three early organizations and that the most important and influential one was in fact ONE.

A question to ask academics and those who speak on the issue of homosexual history should explain is why ONE is the organization and publication that has been ignored. Todd White has some of the answers, and perhaps he is the first author to have access to the material to write this history. The major reason, which is only partially covered in this good book, is the personalities of the people that founded ONE Magazine and ONE, Inc and kept it going, since parts of the work of the organization still exist.

This book covers the internal disagreements and the final division, and as a major player in the separation, my concern is that similar to questions raised in the black Americans civil rights movement, Hillary Clinton recently said that the work of black civil rights leaders like Dr. King was necessary and instrumental in preparing America for a change of attitude on the race issue, BUT it took President Johnson and congress to finalize that effort. It seems to me that with all the work the Cahuenga faction of ONE did, it probably would still have failed had it not been for the legal work.

And what really worries me is that many readers after hearing of the disagreements in the priorities among the main leaders of ONE’s work will just ask/say as many “gays” said about Brokeback Mountain, why didn’t they just move? However, instead of moving, Don Slater and Dorr Legg (aka Bill Lambert) carried on, later with Kepner, the work of all who started ONE. I doubt many will understand that Don Slater knew more about the law than most lawyers/legal scholars. He had good tutors, attorneys such as Herb Selwyn, Eric Julber, Frank Wood, etc. The book could be used as a textbook. It should surely be a necessary reference for law students.

There is no celebrity gossip in the book, even though some could be relevant. White refers to a few tv shows, etc, but could and should have listed several names to not only “use” them but to complain about their failure as professionals to this day. There could, for instance, be mention of the bravery at the time of Nat King Cole’s wife, Maria Cole, who had Don Slater as guest host for a week on the tv show she co-hosted on KHJ in the 1960s. She sure knew about discrimination and how her husband’s tv show had been cancelled because racists had boycotted the show and sponsors. No one thought a tv show could have a black person as the star.

I complain about the total failure of the media to cover HIC and the subject at the time. For example, Time Magazine photographers were present and taking pictures of the 1966 L.A. Motorcade, protesting the military’s discrimination against homosexuals, but they never printed them. So the media’s discovery of the movement at Stonewall in New York thus distorts a factual history of the start of history. Then and now gays in L.A. have done our part. The fact that we were ignored is a sad comment on the seriousness of the homosexual community about its rights.

Pre-Gay L.A. continued on pg 2
Greetings from the Chair

Hello, and warm early summer greetings to all members and friends of Twin Cities Men’s Center! This is an exciting time of year, with nature’s annual cycle of renewal and growth reminding us of opportunities and challenges in our own lives. And there is added excitement this year at TCMC as the Board of Directors works to expand both awareness of TCMC, and the breadth and depth of the services we offer. If there is a unifying theme to these changes, it is that we as men, whether young, old, gay, straight, fathers or not, have more in common with one another than we do differentiating us.

First, you probably noticed the new masthead in this edition of Men Talk, incorporating the new TCMC logo. This logo updates TCMC’s image and symbolizes the personal growth many of us are working to achieve. Second, we have created the position of an Executive Director who reports to the Board. This position is being filled more than capably by past Board Chair Bobby Schauerhamer. Bobby will focus on forging alliances with foundations, corporations, and non-profits to support and expand TCMC’s services. Lastly, TCMC is widening its community outreach, starting with an enhanced presence at this year’s Twin Cities Pride Festival. In addition to a float in the Pride Parade, we will have a booth in Loring Park featuring information on our services, photos of these services in action, a charity raffle with great prizes, and more.

While the Board is working hard to improve TCMC, we can’t do it without you -- and frankly, there would be no point. This is your center, so consider joining TCMC using the All-Purpose Form at the back of this newsletter. Visit a support group and find out how good it feels to talk through issues in the company of supportive and sympathetic listeners. Or, if we don’t yet offer something you’d like to see, fill out our new feedback form and let us know about it.

We can struggle alone to be better people, better citizens, better men, or we can learn from one other. That’s why Twin Cities Men’s Center exists.

Joe Szurszewski
Board Vice-Chair

Pre-Gay L.A. continued from pg 1

I hope that intelligent people understand that this book is necessary to have balance in understanding the true history of this movement, as it tells how it started and why it had problems. Without it people will get false ideas of why it has been successful.

To ignore ONE/HIC is to ignore the major part of the early movement. Ask why are we still here, no matter how small in number and quiet in voice? People should read this book to know their history and what others have done to make their world better.

Letter to the Editor

I just finished reading the latest issue [April/May 2009] of Men Talk and find myself feeling a little uncomfortable with Bill Ronan’s Injustice story. The part that makes me uncomfortable is his assertion (and anger) that his problems are a result of VAWA. He very obviously was scammed and it’s unfortunate that the judicial system was unsympathetic to his plight to some degree (although he was cleared of charges). It feels irresponsible, however, of Men Talk/The Men’s Center to leave readers with the impression that it supports Bill’s assertion that VAWA is a bad thing and perhaps even unconstitutional, unless that is TMC’s stand in which case it should be clearly stated as such. While I’m appalled and angered when women make false accusations of domestic violence or sexual assault against men instead of dealing more directly with the issues between them and when I understand there is some criticism of VAWA (due process/equal protection), VAWA has also done considerable good in protecting women from violence perpetrated against them by men. Perhaps some brief statement by TMC at the end of Bill’s story would have been appropriate, either affirming his assertion about VAWA as also being TMC’s opinion or raising points of VAWAs merits and problems to present a more balanced perspective.

— Jan Hayne

Editor’s Note: The opinions of our writers are their own and are not necessarily those of the Twin Cities Men’s Center. We strive to present a diverse range of articles reflecting the complexities of being a man. For perspective, in our Feb/Mar 2009 issue we presented an article about rape from a woman’s point of view. For the record, the TCMC does not condone violence by any gender.
# Events Calendar

The mission of the Men's Center is to provide resources for men seeking to grow in body, mind, and spirit; and from that foundation to advocate for healthier family and community relationships.

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<td>Call us about Anger Management Classes.</td>
<td>SUPPORT GROUPS General 12:30 p.m.</td>
<td>SUPPORT GROUPS Gay Issues 7:30 p.m.</td>
<td>PRESENTATION Family Law Clinic</td>
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Jun/Jul 09 1976 — In Our 33rd Year of Public Service — 2009

Check out our web site: www.tcmar.org
e-mail: tcmar@tcmar.org
phone: 612 / 822-5892
**PRESENTATIONS**

Nearly every Wednesday evening, the Men’s Center is proud to offer a presentation on a wide range of subjects of interest to men as well as to our community. This tradition has been part of the Men’s Center offering since it’s founding 33 years ago. These drop-in meetings require no pre-registration, and volunteer experts in the respective subjects conduct them all. Because of our primary mission, all presentations are for men only unless it is otherwise indicated in the individual descriptions.

Please read through these various descriptions to determine which is of interest to you, and consider bringing a friend. This could be an excellent introduction to the Men’s Center for them. Each presentation is intended to foster personal growth and to stimulate interest in the topic.

Our presenters include: Jim Amundson, Bob Anderson, Jim Gerharzer, Harry Greenberg, Kelly Lorix, Andy Mickel, Bob Monson, and Lyle Wildes.

A small fee is collected at the door for each person attending:
- Non-Members of TMC – $5
- Regular Members ($20 level) – $3
- Sustaining Members – FREE

All presentations meet at The Men’s Center, 3249 Hennepin Ave. S., Suite 55, Minneapolis, MN 55408.

We welcome your suggestions for new topics and presenters. Please call Randy at 612-822-5892 with your ideas.

The Men’s Center does not endorse, take no specific position, nor does it hold any opinion on the presentations, or of any information imparted, or of the presenter(s) themselves. Presentations are the sole product and responsibility of the presenter(s).

**DESCRIPTIONS**

**Family Law Clinic**
Discussion Leader: Jim Gerharzer
When: Wed, June 3, 7:00-9:00 pm
Open to Men and Women

Targeted to the needs of men or women going through or anticipating divorce or dealing with other family law issues, this Clinic will give you an opportunity to discuss your own questions on such topics as:
- Divorce
- Separation
- Paternity
- Property Division
- Custody
- Spousal Maintenance
- Child Support
- Financial Settlements
- Co-habitation

**A Circle of Warriors**
Presenter: Andy Mickel
When: Wed, June 10, 7:00-9:00 pm

The Mankind Project is an organization of men working together to improve their lives and help other men. As New Warriors “We are an order of men called to reclaim the sacred masculine provide a model for men to generate and maintain a world in such a way as to include and yet rise above one’s own issues for the betterment of one’s self, one’s own family, tribe, nation and race.”

We are all familiar with a man’s physical tools (a hammer, a sword, a plow,...) Is this enough? What about integrity, commitment, action and clarity? I know that most men want and need these tools. The New Warrior Training Adventure can help. Join a circle of warriors to ask questions and hear how the adventure has changed men’s lives.

“The initiation of men is the hope of the world.” - Don Jones, former chairman, Mankind Project.

**Knowing Ourself Through Our Body**
Presenter: Jim Amundson
When: Wed, June 17, 7:00-9:00 pm
Open to Men and Women

Drawing on the techniques from a psychotherapy called Desso-Boydren Psychomotor Psychotherapy (PBSP) participants will focus on exploring and discovering what their bodies say is needed to be happy and whole. Although we are born knowing this information, often in learning our gender role – how to be a real man or real woman – growing up we learn that it’s necessary to suppress the knowledge of PBSP and so we carry this suppressed knowledge in our body. This presentation will be primarily an experiential evening of attempting to access our body’s knowledge.

Jim Amundson, PhD., is a licensed psychologist in private practice. He is a certified PBSP therapist and has a lifelong interest in gender issues for both men and women.

**No Presentation**
When: Wed, June 24, 7:00-9:00 pm

**Family Law Clinic**
Discussion Leader: Kelly Lorix
When: Wed, July 1, 7:00-9:00 pm
Open to Men and Women

**A Circle of Warriors**
Presenter: Andy Mickel
When: Wed, July 8, 7:00-9:00 pm

**Making Anger Your Ally in Intimacy**
Presenter: Bob Anderson
When: Wed, July 15, 7:00-9:00 pm

Open to Men and Women
If our aim in intimacy is to be fully present to another, we first have to be fully present to ourselves and that means acknowledging our emotions, all of them, even the scary ones like anger. Not doing so can lead to “stuff-and-blow,” passive aggression or shutting down and withdrawal. Owning our anger can be a bridge to greater intimacy. The key is understanding it and learning to express it constructively. This workshop will help you see where your anger comes from and the other feelings it hides; it will help you think more clearly and express your needs and wants and engage with others in more respectful, non-threatening, non-defensive ways. You don’t have to fear your anger; it can be a means of self-discovery and disclosing learning to deeper trust and mutual understanding.

Bob Anderson is a long-time facilitator of the Men Helping Men with Anger program at the Men’s Center and author of Out of Denial: Piecing Together a Fractured Life.

**Managing Sanity and Resilience Through Divorce/Uncoupling**
Presenter: Harry Greenberg
When: Wed, July 22, 7:00-9:00 pm
Open to Men and Women

Divorce or leaving a long-term relationship is often a profoundly life-changing event, but everyone experiences the process differently. What is often helpful is an understanding of both the intellectual and emotional contours of the journey. In this experiential and participant focused workshop, we will explore a variety of factors that play a major role in how one understands, and manages the divorce process, reviewing behaviors to avoid and strategies to employ.

Harry Greenberg is an educator, social worker, and social justice activist. He received his masters degree in social work and his teaching license from the University of Minnesota. He is licensed as a graduate social worker in the state of Minnesota. He has been involved in divorce education since 2000 working at both Storefront and
Chrysalis. Much of his passion in this topic came about through the lessons learned in his own divorce. His work as an educator and counselor focus on client self-empowerment, user-friendly education, and the use of narrative and solution focused inquiry.

The Importance of Attitude in These Changing Times

Presenter: lyle Wildes
When: Wed, July 29, 7:00-9:00 pm
Lyle will be talking about the importance of attitude to assimilate, accommodate and acclimate to change. Change implies a time “between” the way life use to be and the way it is going to become. The way you process this feeling of “between” will determine the quality of your life. It may very well determine the quality of your new life too.
Lyle is a graduate of the University of Wisconsin – Platteville campus – with degrees in Sociology and Philosophy. He taught philosophy at the college level until he left the academic community to become a business owner. When the trucking industry was deregulated he left it to become an under ground chemist. This ultimately caused him to end up with a 22 year prison sentence. Out of his prison experiences he realized the importance of one’s attitude, thus the title of his talk.

Family Law Clinic
Discussion Leader: Bob Monson
When: Wed, Aug. 5, 7:00-9:00 pm
Open to Men and Women
See June 3 Description

SUPPORT GROUPS

“The mission of the Men’s Center Support Groups is to create a safe place, in times of personal and social challenge, for any men and women to receive and give support to one another and share feelings and experiences to facilitate SELF-ACCEPTANCE and PERSONAL GROWTH.”

The Men’s Center support groups are hosted by a trained facilitator. Although each group has a specific focus, all groups are Open to general discussions and attended at a Drop-In basis. Support groups begin promptly at 7:30, to arrive early such that you can browse the many books and library materials. A donation of $3-9 helps keep TMC operational. Liquid refreshments are available at a separate donation rate. All groups are men only, except where listed for women and men.

• Minneapolis Location
3249 Hennepin Ave. S. Suite 55

General Men’s Issues/ Divorce/Uncoupling

Men express feelings about separation, divorce, breaking up with a lover, and topics such as child custody/legal hassles. Men can express what it means to be a man in our culture and other issues in their lives.
• Mondays 12:30 - 2:30 pm
• Thursdays 7:30 - 9:30 pm

Addiction Busters

Open to Men and Women
Struggling with chemical or behavioral addiction? AA not being you? Frustrated with twelve -step programs? Don’t like feeling powerless? Want to bust your addiction rather than being husted FOR your addiction? Would you like to talk about Rational Recovery, SMART Recovery, the works of Stanton Peele, Ann Fletcher, James Prochaska and others in a supportive, confidential, comfortable atmosphere?
Come to Addiction Busters support group and discuss alternative, cognitive approaches that may help you battle your addiction in new and different ways!
• Tuesdays 7:30-9:30 pm

Gay Issues

Men express feelings about life’s challenges and experiences, and what it means to be gay and male (you don’t have to be gay to attend.)
• Tuesdays 7:30 - 9:30 pm

Transitions

Open to Men and Women
This group is intended to focus on the difficulties persons face when leaving a prison environment and reentering the community, where a former prisoner can go for emotional support when he returns to the community, and where he can be openly honest about his discouragements, frustrations, temptations, and fear of public attitudes.
• Wednesdays 7:30 - 9:30 pm

Male Survivors of Sexual Abuse

Do you feel like you are the only one this has ever happened to? It’s not true that men/boys cannot be raped or otherwise sexually abused. Many boys have survived abuse at the hands of parents (both Mothers and Fathers), relatives, siblings, neighbors, clergy and strangers. Early sexual experiences do not make a boy “lucky”; they can cause lasting feelings of being used and make adult intimacy difficult. You are not alone. You are not to blame. We provide a place where it is safe for survivors to talk. It is helpful to be heard by others who know what you are saying is true.
Call 612-822-5892 if you are interested in this group because it’s not a “drop-in” group.
• Thursdays 7:00 - 9:00 pm

Two Spirits & Gate Keeper Community

Open to Men and Women
We are Two Spirit People and Gatekeepers of the Spirit World, offering a Safe & Connective environment. Serving the LGBT & Queer & Questioning community, our allies & our families in Minnesota. Our focus is to remain inclusive of every ethnic genre; allowing for positive community interaction to promote spiritual & emotional growth, emphasizing self awareness, group enlightenment & personal empowerment. We live in a world that resists our journey to seek those pathways that reconnect us to the indigenous teachings of elders long ago.
We create this circle to receive kindness, express compassion and speak our truth with one another.
• Last Friday - Silent Group Meditation and Talking Circle and Potluck 7:00 - 9:30 pm

Bisexual Men

This group will allow Bi men to explore personal issues of all kinds while learning from each other what it means to be a Bi man.
• Fridays 7:30 - 9:30 pm

Healthy Sexual Boundaries

Do you have concerns about your sexual behavior? Are you receiving negative feedback about your sexual choices? Worries about excessive, compulsive or obsessive sexual activities? Too much pornography in your life? Too many strip clubs? Ever feel like a sex addict? Feeling uncomfortable about inappropriate fantasies/thoughts/urges? Hurting or disappointing someone you love?
This group is a safe, non-confrontational, non-judgmental place to talk with other men about healthy sexual boundaries.
• Saturdays 10:00 am - 12:00 pm

Men Facing Retirement Issues

A support group for men thinking about retirement or who have already retired. It is an opportunity to share feelings with other men about the importance of work and what happens when paid employment is no longer part of a man’s life.
• 3rd Sundays 5:30 - 7:00 pm

Men’s Retirement Group Schedule Change

The monthly Men’s Retirement Support Group will meet the 2nd Sundays in June on the 14th and July on the 12th, at the usual time of 5:30 p.m. instead of the usual 3rd Sunday. The group is for men who are thinking about or have retired, and want an opportunity to discuss feelings about this major life change. Welcome if this sounds like it might help.
— Norm Petrlik, Group Facilitator
Here and There

Upcoming Monthly Men's Sunday Brunches (bring something to share/cook up): June 21st (Father's Day — children welcome) at Jim Lovestor's backyard picnic table, 2629 Upton Ave N, Minneapolis 55411 (1 block east of Theodore Wirth Parkway and near the Broadway/Lowry Jet), 612-588-8984.


"Andy, thanks for the handwritten note... I live far from you but want support men's work in this small way. I am a friend of Joe Kelly from St. Paul. <http://www.TheDadMan.com/>" — William Klatte, Greenfield, WI 2008-12-09

"Some ideas I invite you to ponder: 'Fostering Peace by Healing Men’s Wounds' and 'Obama and the Future' in Madison Friends Newsletter” Recent articles by Roy Schenk plus: 'About CNVC and NVC' by Center for Nonviolent Communication. — Roy Schenk, <ruschenk@charter.net> 2009-05.01

Join One Voice Mixed Chorus, Minnesota's GLBTA chorus, for Lavender Green: Thinking Globally, Singing Locally at the History Theatre, 30 E 10th Street, Saint Paul at 7:30 p.m. Saturday June 13 and 3:30 p.m. Sunday June 14. Tickets are $18-$25 with $10 tickets for students and seniors. FFL: <http://www.ovmnc.org> to order tickets. — Kate Rebly, Co-Chair

One Voice Mixed Chorus Board of Directors, 2009-04-30

The next ManKind Project-Minnesota New Warrior Trail Adventure will be held Oct 9-11, 2008 at Eagle Lake Camp near Brainerd, MN. The cost is $650, with many payment plans and partial scholarships available. To learn more, attend an Open Circle event: Observe, Ask Questions (or Participate if you like) in a safe container with a group of men who are practicing authenticity and connection to feeling at Open Circle of Warriors events at the Men’s Center every 2nd Wednesday, 7-9 p.m. Contact Andy Mickel with any questions 612-279-6416 or see: <http://minnesota.mkn.org/> for Open I-Group dates/times. — Andy Mickel, 2009-03-07

The Minnesota Fathers & Family Network

MFFN NEWS May Excerpts:

1) TOUR OF INNOVATIVE FATHERHOOD PROGRAMS: Join MFFN on Tuesday, June 16, 9:00-1:00 for a pre-Father’s Day tour of four fatherhood programs in south Minneapolis. Details at: www.mnfather.org/Tour2009.pdf

2) FATHERS TO THE FOREFRONT: POLICY YEAR-IN-REVIEW: Thursday, July 23, 2009, 10:00am - 2:30 pm.

There is a deep hunger for intelligent leadership from adult men. It seems clear that many men have become involved in the complicated work of fathering and mentoring young men and women, yet it is also clear there’s a lot more to be done.

In the early 80’s Robert Bly used the story of “Iron John” to lay out a map of the soul’s journey in maturing the deep masculine.

This year as we retell the story “Iron John”, we will ask those new to this story, and those who have lived it: ‘Where are we now in this story? What is valuable about this story of Iron John?’ What other stories do we need?

FFL: Craig Ungerman 860-923-6987; 860-942-1658 mobile; <hiddenwine@earthlink.net> <http://www.hiddenwine.com/MMC> — Mark Stanley, 2005-05-01

Enjoying the art of conversation, welcome to www.BurningTruck.com An eclectic mix, men talking about serious stuff, the world’s oldest wood —ancient kauri, introducing an airplane museum, antique firetrucks sounds and interviews. Some good podcasts there you might enjoy.

— John Teisberg, 651-645-9299 2009-04-29

20th Annual Minnesota Men’s Conference: WHERE IS IRON JOHN NOW?

September 8-13, 2009 Camp Miller, Sturgeon Lake, Minnesota

Teachers: Robert Bly, John Lee, Miguel Rivera, Daniel Deardoff, Martin Shaw, Orland Bishop, Tom Gambell, Doug von Koss, Timothy Young, Jay Leeming, Thomas R. Smith...and many other teachers and friends.

Twenty five years have passed since the first Minnesota Men’s Conference and what has happened? Men’s work began by asking what sort of fathering and mentoring was possible for young men inside their own families and within the culture as a whole.

determined. For 4 years, fatherhood advocates from the Twin Cities and across Minnesota have been gathering to generate a higher level of cooperation and collaboration among father-serving agencies and organizations. We have made a good deal of progress! Fathers are being brought "to the forefront" in the policies and practices of state agencies, statewide associations, direct-service providers, and across the spectrum of the human services fields. Join our next conversation about changes taking place in government policies around father-inclusion. The agenda will include 2009 Legislative Highlights (invited presenters will include Minnesota legislators); State and Federal Policies - Changes that Affect Dads; and Beginning a Conversation Around 2010 Legislative Priorities. Lunch will be served. Sponsored by the Minnesota Fathers & Families Network with support from the McKnight Foundation. RSVP: Space is limited; registration is free; RSVP is required. You may RSVP at the Minnesota Fathers & Families Network: info@mnfathers.org or (651) 222-7432.

3) WORKING WITH MEN - NETWORKING BREAKFAST: The next monthly networking meeting for professionals who work with men and males will take place on Friday, June 5 at 9:00 am at Maria’s Café, at 11th Ave. and Franklin Ave. in South Minneapolis. This monthly gathering is an informal opportunity to network, learn about other fatherhood services and men’s services in Minnesota and share your professional challenges and successes. Meet in the back room at Maria’s. Open to the public; no RSVP is required.

4) FESTIVAL FOR FATHERS: Join the planning committee for the 19th annual Minnesota Festival for Fathers & Families. The next planning meeting will take place on Wed. May 27, 10:00am at North Commons Park (1801 James Ave. North, Minneapolis). Help with fundraising, recruiting performers, reserving rides, and planning for the best-ever free family festival. The festival will take place on Saturday, August 8 at North Commons Park. Learn more online at www.mnfathers.org/festival.html. (Subsequent planning meetings are scheduled for the 4th Wed. of each month at 10:00am at North Commons Park.) — Paul Masarichon, MFFN, 161 St Anthony Ave, Suite 845, St. Paul, MN 55103

651-222-7432 <http://www.mnfathers.org/> — 2009-03-03.
The Men’s Center ALL-PURPOSE FORM

Clip this form and mail to The Men’s Center. A regular annual membership at The Twin Cities Men’s Center is $20. With that you get access to the extensive reference library on Men’s Issues, receive the Men Talk newsletter, participation in the annual meeting, and enjoy reduced fees to Men’s Center sponsored events. If you are able to afford a membership at the Patron ($40) level, you get free admission to all Wednesday workshops in addition to all the regular membership benefits.

☐ I want to sustain the activities of The Men’s Center by becoming a “20 x 12 Honor Roll Member.”
☐ Please ENTER/RENEW my membership at The Men’s Center for the next 12 months:
   Enclosed please find $________ ☐ $20 (Regular) ☐ $40 (Patron).
☐ I want to make an additional, tax-deductible gift of $________. Thanks much.
☐ My new/correct address/phone is printed below.
☐ Please remove me from The Men’s Center mailing list; the pre-addressed gummed mailing label is attached.
   (You won’t receive Men Talk if this box is checked.)
☐ I have these feelings, thoughts, opinions, ideas, news items for The Men’s Center:

FROM: name __________________________
Mailing address __________________________
Home phone __________________________
Work/other telephone __________________________

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Anger Management Program

The focus of the twelve week anger management class is both education and support. Through class interaction, experiential exercises, lecture, and homework assignments, men will develop new ways to manage their feelings of anger. Following completion of the class, participants can join an ongoing support group to reinforce their new skills. These ongoing support groups will also be facilitated by the trained volunteer facilitators.

Length of Class:
12 consecutive weeks

Number of Participants:
Limited to 12 men per class

Cost: $215 for TCMC Members ($225 for Non-Members)

Starting Dates: Classes are filled on a first come, first served basis. Currently one in Minneapolis and one in Hopkins. Next classes scheduled for Tuesdays started May 19 in Hopkins, and Wednesdays starting July 8 in Hopkins.

Please call TCMC at 612-822-5892 to be placed on the waiting list. State name, address, telephone, preferred starting class. Or if you need further details, call our Anger Management coordinator, John Hesch, on the Anger Management phone 612-229-3102.

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E-mail the editor at tcmc@tcmc.org

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**MEN TALK**

The Men’s Center News

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Attorneys will volunteer their time and expertise for the benefit of those who attend. A nominal fee of $5 is charged for the public. Members of the Men’s Center receive a courtesy discount.

Where: The Men’s Center, 3249 Hennepin Ave S #55, Minneapolis MN 55408
When: Every 1st Wednesday from 7:00 to 9:00 PM
Just come! No advance registration required!

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